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| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| **Breakfast** | Juices, cereals, toast | Juices, cereals, toast | Juices, cereals, toast | Juices, cereals, toast | Juices, cereals, toast | Juices, cereals, toast | Juices, cereals, toast |
|  | Fried egg, tomatoes | Sausages, beans | Hash browns, fried egg | Bacon, mushrooms | Scrambled egg, tomatoes | Sausages, hash browns | Bacon, beans, mushrooms |
| **Soup of the day** | Parsnip soup | Tomato soup | Pea and mint soup | Carrot and coriander soup | Butternut squash soup | Broccoli soup | Leek soup |
| **Lunch**  **1** | Fish pie, fresh vegetable’s | Chicken supreme, rice, peas | Egg salad, Potato wedges | Chicken leek pie, new pots, fresh veg | Cod, chips, beans with bread &butter | Homemade meat balls, tomato sauce, spaghetti | Roast lamb with all the trimmings |
| **Lunch**  **2** | Macaroni Cheese | Vegetable lasagne, garlic bread | Broccoli, stilton bake | Cheese potato pie | Spanish omelette, salad | Vegetable, tomato bake | Cauliflower cheese |
| **Dessert** | Fresh fruit salad, cream | Chocolate sponge, chocolate sauce | Pavlova with mixed berries | Baked rice pudding | Fruit trifle | Lemon meringue pie | Summer fruit pudding |
| **Tea** | Corned beef hash, sandwiches, salad | Jacket potato, cheese & beans, sandwiches, salad | Sausage & chips, sandwiches, salad | Quiche and salad, sandwiches, | Pasta bake, sandwiches, salad | Sausage rolls, wedges, sandwiches, salad | Homemade pizza, salad, sandwiches, salad |
| **Pudding** | Chocolate custard | Banana custard | Orange and pineapple jelly | Apple Pie & Cream | Semolina | Banana mousse | Cheesecake |

**PLEASE NOTE: Other options available on request. Snacks and refreshments are provided throughout the day.**